



UNIVERSITY
OF ABERDEEN



Scottish Centre for
Social Research

Food & Drink on School Days

Secondary School

Version 10



Interviewer use only:

Serial no.: CKL

| | | | | | |
|--|--|--|--|--|--|
| | | | | | |
|--|--|--|--|--|--|

001-006

Interviewer no.:

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card 1 007

Batch 008-012





Food
Standards
Agency
food.gov.uk
Buidheann
Inbhe-Bidhe

How to fill in your questionnaire

- Most of the questions can be answered by putting a tick in the box next to your answer.
- Sometimes you can tick more than one box – there will be an instruction if you can do this.
- You may not need to answer every question. Sometimes you should miss some questions. When this happens we will tell you what question to answer next, like this:

Tick one box

| | | | |
|-----|-------------------------------------|-----------------------------|---|
| Yes | <input checked="" type="checkbox"/> | If 'yes', go to question 10 |  |
| No | <input type="checkbox"/> 2 | If 'no', go to question 9 |  |

- Sometimes you have to tick a box **and** write an answer, like this:



Other food or drink (**please tell us**):

☐ 0☐ 1☒☐ 3☐ 4☐ 5

Yogurt

- If you want to change an answer, cross out your first tick and add another tick in a different box, like this:

Tick one box

| | | | |
|-----|-------------------------------------|-----------------------------|---|
| Yes | <input checked="" type="checkbox"/> | If 'yes', go to question 10 |  |
| No | <input checked="" type="checkbox"/> | If 'no', go to question 9 |  |

Date of birth

1. Please write in your **date of birth** (DD/MM/YYYY):

| | | | | | | | | | |
|--|--|---|--|--|---|--|--|--|--|
| | | / | | | / | | | | |
|--|--|---|--|--|---|--|--|--|--|

013-018

On the way to school in the morning

2. **why** do you **buy** food or drink **on the way to school in the morning**?

**You can tick
more than one box**

019-036

- | | |
|---|--|
| Because I'm hungry or thirsty | <div style="border: 1px solid black; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center;">01</div> |
| I buy it for someone else to have | <div style="border: 1px solid black; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center;">02</div> |
| Because my friends do | <div style="border: 1px solid black; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center;">03</div> |
| Because I can't get the food I want in school | <div style="border: 1px solid black; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center;">04</div> |
| To have for breakfast | <div style="border: 1px solid black; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center;">05</div> |
| To have on the way to school | <div style="border: 1px solid black; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center;">06</div> |
| To have at morning or afternoon break | <div style="border: 1px solid black; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center;">07</div> |
| To have for lunch | <div style="border: 1px solid black; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center;">08</div> |
| Other (please tell us why): | <div style="border: 1px solid black; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center;">09</div> |

3. In a usual school week, how many days do **you buy** these foods and drinks **on the way to school in the morning**?

Tick one box on each line.

*If you **don't usually** buy the food or drink, tick '**Hardly ever**'.*

| | Hardly ever | 1 day | 2 days | 3 days | 4 days | 5 days | |
|---|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-----|
| Hot or cold sandwiches, filled rolls or baguettes | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 037 |
| Pizza, chips, pies, sausage rolls or burgers | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 038 |
| Cereal bars, biscuits, cakes (includes Danish pastries, doughnuts, iced buns) | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 039 |
| Crisps | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 040 |
| Sweets or chocolate | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 041 |
| Ice cream or ice lollies | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 042 |
| Fruit | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 043 |
| Pure fruit juice or smoothies | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 044 |
| Diet drinks (e.g. Diet Coke, Ribena light) or flavoured water | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 045 |
| Non-diet drinks (e.g. Coke, Fruit Shoots, Ribena, Lucozade, Red Bull) | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 046 |
| Plain water (includes still and sparkling) | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 047 |
| Plain or flavoured milk | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 048 |
| Tea, coffee or hot chocolate | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 049 |
| Other food or drink (please tell us): | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 050 |

4. Please tick 'yes' or 'no' for each of these sentences.

| | Yes (Sometimes or always) | No | |
|--|-------------------------------|-------------------------------|-----|
| My parents/guardians tell me what food or drink to buy on the way to school in the morning | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | 051 |
| My parents/guardians tell me what food or drink NOT to buy on the way to school in the morning | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | 052 |
| I tell my parents/guardians what food or drink I have bought on the way to school in the morning | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | 053 |

Leaving school in the afternoon

5. Why do you **buy** food or drink **after leaving school in the afternoon**?

You can tick
more than one box

054-067

Because I'm hungry or thirsty

☐
1

I buy it for someone else to have

☐
2

Because my friends do

☐
3

Because I do other activities after school

☐
4

To have later (but not for dinner)

☐
5

To have for dinner

☐
6

Other (please tell us why):

☐
7

6. In a usual school week, how many days do **you buy** these foods and drinks **after leaving school in the afternoon?**

Tick one box on each line.

*If you **don't usually** buy the food or drink, tick '**Hardly ever**'.*

| | Hardly ever | 1 day | 2 days | 3 days | 4 days | 5 days | |
|---|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-----|
| Hot or cold sandwiches, filled rolls or baguettes | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 068 |
| Pizza, chips, pies, sausage rolls or burgers | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 069 |
| Cereal bars, biscuits, cakes (includes Danish pastries, doughnuts, iced buns) | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 070 |
| Crisps | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 071 |
| Sweets or chocolate | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 072 |
| Ice cream or ice lollies | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 073 |
| Fruit | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 074 |
| Pure fruit juice or smoothies | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 075 |
| Diet drinks (e.g. Diet Coke, Ribena light) or flavoured water | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 076 |
| Non-diet drinks (e.g. Coke, Fruit Shoots, Ribena, Lucozade, Red Bull) | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 077 |
| Plain water (includes still and sparkling) | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 078 |
| Plain or flavoured milk | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 079 |
| Tea, coffee or hot chocolate | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 080 |
| Other food or drink (please tell us): | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 081 |

7. Please tick 'yes' or 'no' for each of these sentences.


| | Yes (Sometimes or always) | No | |
|--|------------------------------|----------------------------|-----|
| My parents/guardians tell me what food or drink to buy after leaving school in the afternoon | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | 082 |
| My parents/guardians tell me what food or drink NOT to buy after leaving school in the afternoon | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | 083 |
| I tell my parents/guardians what food or drink I have bought after leaving school in the afternoon | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | 084 |


Break time and free periods (NOT lunchtime)

8. Do **you** ever **buy** food or drink outside the school grounds **during break time or free periods** (NOT lunchtime)?

Tick one box

085

Yes ☐ 1 If 'yes', go to question 10 

No ☐ 2 If 'no', go to question 9 

9. **Why** do you **never buy** food or drink outside the school grounds **during break time or free periods?**

You can tick
more than one box

086-101

There's nowhere nearby to buy food or drink

☐ 1

I don't have enough money

☐ 2

I bring food from home

☐ 3

I'm not hungry or thirsty

☐ 4

I have no time to buy food or drink

☐ 5

I buy food or drink at school

☐ 6

I'm not allowed out of school

☐ 7

Other (**please tell us why**):

☐ 8

Go to question 14



10. **Where** do you usually **buy** this food or drink from **at break time or free periods** (NOT lunchtime)?

You can tick
more than one box

102-125

Supermarket (shops like Sainsbury's Asda, Tesco or Co-op)

☐ 01

Newsagent or sweet shop

☐ 02

Grocery store or corner shop

☐ 03

Sandwich shop or bakery

☐ 04

Café, coffee shop or restaurant

☐ 05

Takeaway, chip shop or fast food outlet

☐ 06

Burger, chip or ice cream vans

☐ 07

Healthy food vans e.g. Body Fuel van

☐ 08

Garage or petrol filling station

☐ 09

Chemist or pharmacy

☐ 10

Swimming pool, sports centre or community centre

☐ 11

Other (**please tell us where**):

☐ 12

11. **Why** do you leave the school grounds to **buy** food or drink **at break time or free periods** (NOT lunchtime)?

**You can tick
more than one box**

126-143

I want to get out of school

☐
01

I want to get a break from other people

☐
02

It's my right to choose where I go and buy my food

☐
03

I get treated with respect at shops outside school

☐
04

I like to choose where I spend my money

☐
05

So adults can't supervise what I buy

☐
06

Because my friends do

☐
07

Because I can't get the food I want in school

☐
08

Other (**please tell us why**):

☐
09

12. In a usual school week, how many days do **you buy** these foods and drinks outside the school grounds **at break time and free periods** (NOT lunchtime)?

Tick one box on each line.

If you **don't usually** buy the food or drink, tick '**Hardly ever**'.

| | Hardly ever | 1 day | 2 days | 3 days | 4 days | 5 days | |
|---|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|-----|
| Hot or cold sandwiches, filled rolls or baguettes | <input type="text" value="0"/> | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> | <input type="text" value="5"/> | 144 |
| Pizza, chips, pies, sausage rolls or burgers | <input type="text" value="0"/> | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> | <input type="text" value="5"/> | 145 |
| Cereal bars, biscuits, cakes (includes Danish pastries, doughnuts, iced buns) | <input type="text" value="0"/> | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> | <input type="text" value="5"/> | 146 |
| Crisps | <input type="text" value="0"/> | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> | <input type="text" value="5"/> | 147 |
| Sweets or chocolate | <input type="text" value="0"/> | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> | <input type="text" value="5"/> | 148 |
| Ice cream or ice lollies | <input type="text" value="0"/> | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> | <input type="text" value="5"/> | 149 |
| Fruit | <input type="text" value="0"/> | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> | <input type="text" value="5"/> | 150 |
| Pure fruit juice or smoothies | <input type="text" value="0"/> | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> | <input type="text" value="5"/> | 151 |
| Diet drinks (e.g. Diet Coke, Ribena light) or flavoured water | <input type="text" value="0"/> | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> | <input type="text" value="5"/> | 152 |
| Non-diet drinks (e.g. Coke, Fruit Shoots, Ribena, Lucozade, Red Bull) | <input type="text" value="0"/> | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> | <input type="text" value="5"/> | 153 |
| Plain water (includes still and sparkling) | <input type="text" value="0"/> | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> | <input type="text" value="5"/> | 154 |
| Plain or flavoured milk | <input type="text" value="0"/> | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> | <input type="text" value="5"/> | 155 |
| Tea, coffee or hot chocolate | <input type="text" value="0"/> | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> | <input type="text" value="5"/> | 156 |
| Other food or drink (please tell us): | <input type="text" value="0"/> | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> | <input type="text" value="5"/> | 157 |

13. Please tick 'yes' or 'no' for each of these sentences.



| | Yes (Sometimes or always) | No | |
|---|------------------------------|----------------------------|-----|
| My parents/guardians tell me what food or drink to buy at break time and free periods (NOT lunchtime) | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | 158 |
| My parents/guardians tell me what food or drink NOT to buy at break time and free periods (NOT lunchtime) | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | 159 |
| I tell my parents/guardians what food or drink I have bought at break time and free periods (NOT lunchtime) | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | 160 |

Lunchtime

14. In a usual school week, how often do you have a school lunch provided by the school canteen?

161

Tick one box

| | | |
|-----------------------|----------------------------|---|
| Every day | <input type="checkbox"/> 1 | Go to question 15  |
| 3 - 4 days a week | <input type="checkbox"/> 2 | |
| 1 - 2 days a week | <input type="checkbox"/> 3 | |
| Less than once a week | <input type="checkbox"/> 4 | |
| Never | <input type="checkbox"/> 5 | Go to question 16  |

15. Do you have free school lunches?

162

Tick one box

| | |
|-----|----------------------------|
| Yes | <input type="checkbox"/> 1 |
| No | <input type="checkbox"/> 2 |

16. Do **you** ever **buy** food or drink outside the school grounds **at lunchtime**?

163

Tick one box

Yes ☐ ₁ **If 'yes', go to question 18**

No ☐ ₂ **If 'no', go to question 17**



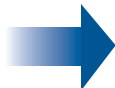
17. **Why** do you **never buy** food or drink outside the school grounds **at lunchtime**?

164-177

You can tick more than one box

| | |
|---|---------------------------------------|
| There's nowhere nearby to buy food or drink | <input type="checkbox"/> ₁ |
| I don't have enough money | <input type="checkbox"/> ₂ |
| I bring food from home (packed lunch) | <input type="checkbox"/> ₃ |
| I'm not hungry or thirsty | <input type="checkbox"/> ₄ |
| I have no time to buy food or drink | <input type="checkbox"/> ₅ |
| I buy food or drink at school | <input type="checkbox"/> ₆ |
| Other (please tell us why): | <input type="checkbox"/> ₇ |

Go to question 24



18. **Where** do you usually **buy** this food or drink from?

**You can tick
more than one box**

178-201

| | |
|---|--------------------------------|
| Supermarket (shops like Sainsbury's Asda, Tesco or Co-op) | <input type="checkbox"/> 01 |
| Newsagent or sweet shop | <input type="checkbox"/> 02 |
| Grocery store or corner shop | <input type="checkbox"/> 03 |
| Sandwich shop or bakery | <input type="checkbox"/> 04 |
| Café, coffee shop or restaurant | <input type="checkbox"/> 05 |
| Takeaway, chip shop or fast food outlet | <input type="checkbox"/> 06 |
| Burger, chip or ice cream vans | <input type="checkbox"/> 07 |
| Healthy food vans e.g. Body Fuel van | <input type="checkbox"/> 08 |
| Garage or petrol filling station | <input type="checkbox"/> 09 |
| Chemist or pharmacy | <input type="checkbox"/> 10 |
| Swimming pool, sports centre or community centre | <input type="checkbox"/> 11 |
| Other (please tell us where): | <input type="checkbox"/> 12 |

19. Why do you leave the school grounds to **buy** food or drink **at lunchtime**?

You can tick
more than one box

202-229

- | | |
|---|--------------------------------|
| I want to get out of school | <input type="checkbox"/> 01 |
| I want to get a break from other people | <input type="checkbox"/> 02 |
| It's my right to choose where I go and buy my food | <input type="checkbox"/> 03 |
| I get treated with respect at shops outside school | <input type="checkbox"/> 04 |
| I like to choose where I spend my money | <input type="checkbox"/> 05 |
| So adults can't supervise what I buy | <input type="checkbox"/> 06 |
| Because my friends do | <input type="checkbox"/> 07 |
| Because I can't get the food I want in school | <input type="checkbox"/> 08 |
| I don't like school lunches | <input type="checkbox"/> 09 |
| I don't like the canteen | <input type="checkbox"/> 10 |
| The food I want in the canteen runs out too quickly | <input type="checkbox"/> 11 |
| The canteen queue is too long | <input type="checkbox"/> 12 |
| Canteen food is too expensive | <input type="checkbox"/> 13 |
| Other (please tell us why): | <input type="checkbox"/> 14 |

20. Which of these places do you go to **the most often** to **buy** food or drink **at lunchtime**?

| | Tick one box | 230-231 |
|---|--------------------------------|---------|
| Supermarket (shops like Sainsbury's Asda, Tesco or Co-op) | <input type="checkbox"/> 01 | |
| Newsagent or sweet shop | <input type="checkbox"/> 02 | |
| Grocery store or corner shop | <input type="checkbox"/> 03 | |
| Sandwich shop or bakery | <input type="checkbox"/> 04 | |
| Café, coffee shop or restaurant | <input type="checkbox"/> 05 | |
| Takeaway, chip shop or fast food outlet | <input type="checkbox"/> 06 | |
| Burger, chip or ice cream vans | <input type="checkbox"/> 07 | |
| Healthy food vans e.g. Body Fuel van | <input type="checkbox"/> 08 | |
| Garage or petrol filling station | <input type="checkbox"/> 09 | |
| Chemist or pharmacy | <input type="checkbox"/> 10 | |
| Swimming pool, sports centre or community centre | <input type="checkbox"/> 11 | |
| Other (please tell us where): | <input type="checkbox"/> 12 | |

21. Think just about the place you go to **the most often** to **buy** food or drink **at lunchtime**.
Why do you buy food or drink from there at lunchtime?

You can tick
more than one box

232-255

| | |
|---|--------------------------------|
| There is a wide choice of food | <input type="checkbox"/> 01 |
| I like the look of the food they sell | <input type="checkbox"/> 02 |
| I like the taste of the food they sell | <input type="checkbox"/> 03 |
| My friends buy from the same place | <input type="checkbox"/> 04 |
| It is good value for money | <input type="checkbox"/> 05 |
| The food is healthy | <input type="checkbox"/> 06 |
| My parent/guardian tells me where to go | <input type="checkbox"/> 07 |
| It is close to the school | <input type="checkbox"/> 08 |
| I can get food there that I can't buy at school | <input type="checkbox"/> 09 |
| I get served quickly | <input type="checkbox"/> 10 |
| I get some exercise on the way | <input type="checkbox"/> 11 |
| Other (please tell us why): | <input type="checkbox"/> 12 |

22. In a usual school week, how many days do **you buy** these foods and drinks outside the school grounds **at lunchtime**?

Tick one box on each line.

If you **don't usually** buy the food or drink, tick '**Hardly ever**'.

| | Hardly ever | 1 day | 2 days | 3 days | 4 days | 5 days | |
|---|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-----|
| Hot or cold sandwiches, filled rolls or baguettes | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 256 |
| Pizza, chips, pies, sausage rolls or burgers | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 257 |
| Cereal bars, biscuits, cakes (includes Danish pastries, doughnuts, iced buns) | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 258 |
| Crisps | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 259 |
| Sweets or chocolate | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 260 |
| Ice cream or ice lollies | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 261 |
| Fruit | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 262 |
| Pure fruit juice or smoothies | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 263 |
| Diet drinks (e.g. Diet Coke, Ribena light) or flavoured water | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 264 |
| Non-diet drinks (e.g. Coke, Fruit Shoots, Ribena, Lucozade, Red Bull) | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 265 |
| Plain water (includes still and sparkling) | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 266 |
| Plain or flavoured milk | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 267 |
| Tea, coffee or hot chocolate | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 268 |
| Other food or drink (please tell us): | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | 269 |

23. Please tick 'yes' or 'no' for each of these sentences.

| | Yes (Sometimes or always) | No | |
|---|-------------------------------|-------------------------------|-----|
| My parents/guardians tell me what food or drink to buy at lunchtime | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | 270 |
| My parents/guardians tell me what food or drink NOT to buy at lunchtime | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | 271 |
| I tell my parents/guardians what food or drink I have bought at lunchtime | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | 272 |

What you think about the food and drink you eat

24. On a scale from 1 to 7, how healthy is the food and drink that you **buy** outside the school grounds?

Tick one box

273-274

Not at all healthy

1
☐
1

2
☐
2

3
☐
3

4
☐
4

5
☐
5

6
☐
6

7
☐
7

Very healthy

I don't buy
food or drink

☐
8

25. On a scale from 1 to 7, how healthy is ALL the OTHER food and drink that you eat or drink?

Tick one box

275-276

Not at all healthy

1
☐
1

2
☐
2

3
☐
3

4
☐
4

5
☐
5

6
☐
6

7
☐
7

Very healthy

277-999 spare

Thank you for filling in this questionnaire.
Please give the questionnaire back to the interviewer.

